

PRACTICE INSTRUCTION

Laurie McGee Ph.D. LLC

Welcome to my counseling practice. I look forward to working with you. I believe that counseling will change people who have the motivation and willingness to try new behaviors. In my 25 years of working with clients, I have seen incredible results and miracles when people worked on loving themselves, and when they let others love them. When we learn to do this, and when we learn new behaviors, we find true peace and happiness.

Humor is so important in dealing with the stress, grief, anger and depression that so many of my clients experience. I insist that we have fun and enjoy our sessions, even though we are dealing with very serious matters. I care very much for each of my clients. A person comes to therapy to find a listening ear, a friend on this journey of life, and someone who might have some answers in how to deal with very difficult problems. I have, through the years, learned to help those who have come to me to solve these hard dilemmas. When times are painful, we all need someone who cares, who listens, and who has some good ideas in how to help answer hurtful issues. I want to be that person for my clients.

My specialties include: depression, grief, 12 steps, codependency, relationship counseling, addictions (love, sex, drugs, alcohol, gambling, shopping, overeating, TV). I also treat: anxiety, panic attacks, obsessive/compulsive disorder, phobias, eating disorders, plus other problems you might have. Everyone is unique, a beautiful snowflake. For that reason, I have learned many counseling techniques, which we can use to help you to understand yourself and your relationships. I am trained in cognitive therapy, behavioral therapy, gestalt therapy, parenting, transactional analysis, Jungian and Freudian therapy, spiritual direction, EMDR, inner healing, hypnosis, desensitization, and others to help you in your journey. I have an undergrad degree in psychology from USD, a Masters degree in counseling from the University of Denver, and a Ph.D. in psychology from DU. I am licensed in the state of Colorado. I have taught almost every type of psychology at the university level, including love and sex addiction, social psychology, behavioral, addictions, child development, developmental psychology, child abuse and neglect, and relationship counseling. I have consulted in numerous court cases, and I am a parenting coordinator. I have extensive history working with adolescents, families, couples, individuals, and groups.

I may refer you to another professional for an additional assessment/consultation. I believe that people who have alcohol/chemical dependency disorders that are not yet treated need to be in concurrent treatment for this, as counseling alone will not be effective.

Most clients come on a regular basis, such as weekly or every other week, and often work for 3 months to a year at a time. Sessions usually last 45 minutes or longer if needed.

Following is information about my policies and procedures.

Health Care Benefits/Financial Policy

In the event that you choose to use your health care benefits and my services are reimbursable under your insurance plan, you will have to give me written authorization to release required information. Released confidential information may range from identifying information, diagnosis, dates and types of sessions and charges to a complete assessment with treatment goals and progress reports when your benefits fall under managed care. My policy is to provide only the least amount of information necessary for the purpose of authorizing benefits. I cannot be in control of the storage of confidential information nor access to your confidential information when it is given to a third party. The insurance company will determine benefit coverage and the kind of service for which they will reimburse. I will discuss with you my recommendations for treatment, and you will decide how you want to proceed.

Although I am on numerous insurance managed care networks, I may not be a member of your particular insurance. As a courtesy to patients, I will provide billing statements and/or completed claims forms based on information provided by you. However, it is your responsibility to verify coverage and to obtain all necessary preauthorization of services required by the insurance carrier. **You are responsible for seeing that my services are paid for, regardless of the decisions of your insurance company.**

PAYMENT IS DUE AT THE TIME OF SERVICE. Insured clients need to pay their co pay at the time of service; uninsured clients need to also pay at the time of service. Acceptable forms of payment are cash, check, Visa or MasterCard. Responsibility for payment for services to a dependent child rests with the custodial parent who seeks treatment. We ask that you provide us with current Visa or MasterCard information so that we can utilize that for payment, to keep your account current.

MISSED/CANCELLED APPOINTMENTS - If you are unable to keep an appointment, please cancel as soon as possible. You will be charged for missed appointments and appointments not cancelled with 24 hour notice. Your insurance will not be billed for missed or cancelled appointments and they will be your sole financial responsibility.

I have read the preceding information and understand my rights and responsibilities as a client. I agree to the payment terms and understand that I need to provide 24 hours notice for a cancelled appointment, or I will be charged.

_____ **Date** _____